

Northeast Region Report CHNS & CHPS- Feb 2013

Cindy Schaefering

- Partnered with Jessica Rush, School Nurse. The Pam Stenzel video, Sex Still has a Price Tag was shown to the 7th grade girls. Students were given the VIS sheet for the HPV vaccine in addition to the printed information on texting and driving and the use of smokeless tobacco. Educated on the rising use of smokeless tobacco in girls, this also included ACT 811 information.
- Partnered with Jessica Rush, School Nurse, to show the Pam Stenzel video, "Sex Still has a Price Tag" to the 7th grade boys. Students were given the VIS sheet for the HPV vaccine in addition the printed information on texting and driving and the use of smokeless tobacco. Educated on the rising use of smokeless tobacco which , also included ACT 811 information
- CPR training provided for 8 Melbourne School staff; two were school nurses. During the CPR training the use of tobacco products and to SOS Quitline was discussed and information on the effects of smoking and the heart distributed
- Attended the CPR Instructor's course at St. Bernard's and completed my monitoring training. I'm now certified to offer CPR certification to school staff.
- Spent a day in orientation/shadowing Cave City School nurses HS and Elementary, learning vision and hearing screenings, data entry and Glucagon
- Met with Fulton LHUA, as part of Fulton Counties' proclamation from Judge Charles Willett in recognition of 100 years of Public Health.

Laura Cook

- Jennifer Lynch, CHPS and Laura Cook, CHNS presented to the HIPPY Program for Poinsett and Mississippi Counties. Collected information from Jan Mitchusson, LHU ADM and Walter Holloway, LHU ADM from the counties. We provided the HIPPY in-home service workers with information on the programs that are offered by the CHNS & CHPS as well as the services that the LHU provide for the counties. We discussed Act 811, Texting and Driving, GDL Law along with the programs marked above. ALSO GAVE INFO ON SOS QUITLINE AND SECONDHAND SMOKE IN THE HOME.
- Partnered with Jennifer Lynch at Wynne HS to present on the cost of Tobacco and tobacco prevention, Act 811.
- Assisted Jennifer and Linda with presentations at Wynne on ATV Safety and Safe Teen Driving
- Presented to Harrisburg Special Ed classes on Hygiene and included information on STD/Teen Pregnancy. Split up boys and girls and Jennifer spoke to the girls and I spoke to the boys. Provided Hygiene kits to each student that contained deodorant, toothpaste, toothbrush, soap and shampoo along with booklets containing information related to hygiene
- Presented on STD/Teen Pregnancy to Blytheville 7th and 8th grade boys

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- Jennifer and I participated in Wynne's Get Real Here's the Deal. Covered areas related to tobacco use and prevention

Karen Davis

- Emerging Tobacco Products to Teacher Center Coordinators (25) Encouraged this group to schedule me to do Tobacco Prevention in their schools
- STD/Teen Pregnancy program given to Paragould School class with effects of tobacco on the fetus information given
- Tobacco Prevention/Cessation education with Quitline information given to Agape House
- Presented the Faith Based Pam Stencil DVD to Agape House women
- Presented STD and Teen Pregnancy program to Paragould's Informatics Health class
- Monitored Co-Worker for CPR Instructor Certification

Jennifer Lynch

- In-Service/Presentation to HIPPY Program for Poinsett & Mississippi Counties. Laura Cook and Jennifer Lynch educated the in-home service workers for the program on tobacco prevention/cessation and Act 811. We provided them with handout/SOS Fax Referral with 800 Quitline numbers and other SOS Pamphlets.
- Attended the CSH Coordinator's Meeting at Camp Aldersgate in Little Rock. I planned and coordinated the physical activity break where I had participants get up and move to two activities that can be used with school staff and students. I encouraged participants to take back activity break resources and ideas to their schools and motivated teachers to use breaks in the classroom and get kids moving.
- Wynne High School: Laura Cook, Linda Robinson and Jennifer Lynch presented to the Health Education Classes on Texting & Driving, Impaired Driving, Distracted Driving, GDL Laws, Act 811 and ATV Safety.
- Wynne High School: Worked with Finance Class in a program with UofA Extension Agent, Leigh Ann Bullington. The class is "Get Real, Here's the Deal" Students learned to plan, budget and shop wisely. I taught the students about health eating, smart shopping and how to budget for the month.
- Harrisburg Middle School: I assisted Laura Cook with presentations to the Middle and High School on Hygiene/STD/Teen Pregnancy

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- Wynne High School: Laura Cook and Jennifer Lynch presented to the Health Education Classes on Tobacco, Smokeless Tobacco, Prescription Drug Abuse, Act 811 and ATV Safety

Becky Lamb

- Tobacco Cessation Presentations for Cabot School Staff at 1p.m and 6 p.m. Presentation included information about Quit Line, Click to Call and Fax back referral, Benefits of quitting and health effects of using tobacco and resources to help with attempt to quit.
- Attended the Rick Bender presentations at Cabot Middle School South and Cabot Middle School North.
- CPR Training for Beebe First United Methodist Church Mother's Day Out Staff
- Collaborated with Mary Wells to complete the Action for Healthy Kids Leader Survey
- Collaborated with Marilyn Cone to complete/create the Community Health Nurse Specialist Orientation Manual
- Emailed school staff regarding the SOS Drama Contest.
- Collaborated with Co-worker/ CHNS to schedule new school nurse trainings for Southside school nurse.